### Adventures in Consciousness Autumn/Winter Programme

# Opening the Door to the True Self



This Programme consists of 6 one-day sessions held over a period of approximately 5 months. It also includes an additional bonus afternoon session in December

The dates are

Friday 12th September/Sunday 12th October/Saturday 8th November/ Saturday 13th December

Christmas Bonus session Thursday 18th December/ Sunday 11th January/Saturday 22nd February

The one day sessions run from 10am to 5.30pm

The Christmas Bonus afternoon session runs from 2pm to 5.30pm



## Opening the Door to the True Self

The programme includes all recorded spontaneous meditations, video clips, course notes and images. There is also ample opportunity to discuss and receive guidance on any personal challenges you may be going through

### Some of the subjects featured during the 5 month Programme

The sessions are designed to make room for spontaneous content to arise according to the needs of the group, so additional material will be covered as needed.

Where did my soul come from?

How to recognise the Still Small Voice Within

Living between two worlds-Staying connected when life is challenging

If you want to be loved, let go of the need to be loved

What to do when your prayers go unanswered

Don't give your power away to a spiritual teacher

Does having money hinder our spiritual progress?

Family karma— can we move beyond it?

The Mystical Codes hidden in ancient scriptures

This is a complete online course with various payment options. As each subject builds on another, the sessions cannot be taken separately, therefore by joining the programme, you are asked to please commit to the full 5 months.

Plus Q and A forum for personal situations

#### These are the payment options

Pay as you go. Early Bird by 10th September £90 (save £5) After 10th September the price is £95

3 sessions Early Bird by 10th September £255 (save £15) After 10th September £270

Entire programme of 6 sessions plus bonus session Early Bird £475 (saving £65) After 10th Sept £505

The overall savings are based on the single session early bird rate

Payment is by bank transfer. Please ask for details infinitekristy@hotmail.com