

# Two Brand New Spiritual Workshops

Held in Blackheath, South East London

Saturday 9th and Sunday 10th February 2019

Attend either one or both



Image: Artist Gilbert Williams <https://www.facebook.com/gilbertwilliamsgallery>

These two workshops are designed to bring you closer to your Soul Awareness by allowing yourself to be open and receptive to what I refer to as the Inner Divine, that force of Love and Intelligence that dwells within. If you prefer, just substitute any other name for it that suits you.

Life becomes a whole lot easier when we take our human hands off the steering wheel and start letting our Higher Wisdom come through and take over. This isn't about passivity or abdicating responsibility for our life.

What it does do is relieve us of the burden, fear and worry about trying to hold everything together in a world of uncertainty and change. Does this mean that everything always goes our way? No it does not. However, when it doesn't, there is always an alternative pathway which often proves more advantageous than the one we insisted upon following.

If you feel guided to join us, we would love you to be there. Please scroll down to see the workshop content. Many Blessings Christine

# Awaken Your Divine Inner Warrior

## *Reclaim your spiritual authority and stand up to fear*



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From the game Magic: The Gathering. Artwork: The Kiss  
by artist Todd Lockwood [www.toddlockwood.com](http://www.toddlockwood.com)

A One-Day Transformational  
Workshop with Soul Guidance  
Practitioner Christine King and  
Astrologer Amy Bird

**Saturday 9th February**  
**9.45 am to 5.30 pm**  
**at**

The Blackheath Complementary  
Health Centre London SE3 7DH

**Call: 020 8293 5380**  
**or 020 8293 5405**

*.....the ego is very vulnerable and insecure and it sees itself as constantly under threat. This, by the way, is the case even if the ego is outwardly very confident..." (Eckhart Tolle)*

Unless we are an Enlightened Master, most of us can experience the agonising and often overwhelming effects of fear. Fear is rife in the psyche of humanity. As a collective species we are regularly faced with its insidious nature as it slowly blackmails us into surrendering to its will.

Like a deadly spider, it sets out to trap us in its multi-stranded false Web of Power, slowly paralyzing us with its poisonous venom, making it difficult to escape from its control over our lives.

Here are just a few of the ways it operates. Fear of loss, fear of failure, fear of success, fear of criticism, fear of rejection, fear of the future, fear of making mistakes, fear of abandonment, fear of being hurt, fear of not having enough, fear of not being good enough, fear of loneliness, etc; etc; And if we really look deeper, most of all the major problems in the world have their origins in the fact that someone or some nation, is afraid of something.

In this brand new workshop we will learn to access the Divine Inner Warrior, that aspect of our self that is the only real antidote to fear. We will be using powerful spiritual tools that will help us handle fear more effectively and you will also find out the significance of the planet Mars in your personal astrology chart. Mars is the planet of bravery and action. Come and take the first steps that lead you from the fear that can freeze you to the Courage that frees you.

***"It's okay to be scared. Being scared means you're about to do something really, really brave."*** *Mandy Hale*

# *A Secret Recipe For The Evolving Soul and the Essential Spiritual Ingredients you will need*



*Image by kind permission of Holly Sierra  
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Sunday 10th February  
9.45 am to 5.30 pm  
In Blackheath, South East London

*"What the Universe will manifest when  
you are in alignment with it is a lot  
more interesting than what you  
try to manifest"*  
Adyashanti

A One-Day workshop with Soul  
Guidance Practitioner  
Christine King

*For those who feel ready for a radical  
approach to the soul's deeper intention  
for their Life Journey*

**The journey** that the soul makes on its path of evolution can involve many twists and turns. It takes us through various stages, each one of them important steps in unfolding our ultimate purpose, which is the realisation of Wholeness.

**During** this process we may go through many lifetimes, learning different lessons and growing in awareness. All these experiences carefully mould the personality and prepare it for each transition in consciousness.

**At some time** on the journey we reach a stage of spiritual maturity, often referred to as the path of the Old Soul. This can be a confusing time because the formulas we used before, are generally not so effective for this particular stage.

**During this workshop**, we will focus on what you are currently experiencing on your spiritual path, what is working and not working for you. We will then see if you think you've been called to the Old Soul stage and feel ready to try a new recipe. We can then look at the ingredients you may personally need and show you how to use them in order to bring a more enriching flavour to your journey.

**Please note:** There is limited space available at this venue so please let me know in advance if you wish to reserve a place.



## Details for Workshops on Saturday 9th and Sunday 10th February

Time: 9.45 am to 5.30 pm. The Blackheath Complementary Health Centre at  
184-186 Westcombe Hill London SE3 7D

Each workshop if taken individually is £85 if paid before 8th Feb and £95 after that  
Both workshops £157 if paid before 8th Feb and £180 after that date

The workshops all include teas, coffee, biscuits and refreshments and full course notes  
Please note: lunch is not included. We usually eat as a group at a nearby cafe.

**Optional Bonus Offer.** If in addition to the workshop, you would like to include a  
one to one 45 minute follow up Skype or phone session with me (worth £65) to get  
personal help with some of the practices or content we covered, or to discuss  
anything you choose, here's the deal below:

**Book a one day workshop at the Early Bird discounted price of £85** and add on the  
45 minute Skype or telephone session and you can get them both for the special  
price of just £107 (usual price £150) This is incredible value because you will be  
getting a one to one session with me worth £65 for just £22. *A personal meditation  
tailored to your needs can also be recorded for you on Skype or your mobile phone  
at no extra charge.* **This session must be taken within 6 weeks of the workshop**

Regretfully, these 45 minute bonus sessions are only available for people who attend  
the workshops in person. My regular hourly fees apply if you are not attending.

**Best Offer! book both workshops at the Early Bird price of £157** and add on two  
follow up 45 minute sessions for the special inclusive price of £197 (usual price £287)

**Christine runs workshops at the Blackheath Complementary Health Centre  
184-186 Westcombe Hill London SE3 7DH Telephone 020 8293 5380**

**Payment:** By bank transfer or Paypal. Please email me for details.

### FEES FOR WORKSHOPS 9TH AND 10TH FEBRUARY 2019

Book Saturday 9th February Early Bird by 8th February @ £85.....after £95....  
Book Saturday workshop with follow up session Early Bird by 8th February £107.....  
Book Sunday 10th February Early Bird by 8th February @ £85.....or after @ £95.....  
Book Sunday with follow up session Early Bird by 8th February @ £107.....  
Book both workshops Early Bird by 8th Feb at the special rate of £157.....after £180.....  
Book both workshops Early Bird by 8th February with two follow up sessions at special rate  
£197.....(usual price for this entire package is £287)