Clearing Your Soul's Karmic History The Ultimate Sacred Healing Weekend With Inner Guidance Practitioner Christine King

And introducing our two wonderful new guest presenters Renata and Ananda Saturday and Sunday 12th and 13th October (option to attend one or two days)

Blackheath Complementary Health Centre 184-186 Westcombe Hill London SE3 7DH London SE3 7DH



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Our soul is on a journey and at the level of our humanity, has probably been travelling for many lifetimes, with each incarnation having its own sacred purpose.

This life-time is no exception. We incarnate with a specific agenda, the intention of which is to bring us to a closer understanding of our True Self

This agenda is a mixture of lessons, intentions connections and things to accomplish for our highest good. We have also been endowed with certain gifts and talents which our soul wishes to use for the Greater Good of the collective.

We really are here to serve the Light

The journey of our soul throughout our many lifetimes is said to be stored in the sacred scrolls of the Akashic Records. What are the Akashic Records? Simply the accumulated memory of the soul. I love to work with beautiful images and I have chosen the one above because it contains several symbolic aspects The elephant with its long term memory reminds us of all the information and experiences stored in the archives of our soul. The scrolls represent important messages that the soul needs in this lifetime to heal old wounds, patterns and behaviours that do not serve our greatest good. The winged figure is responding to the soul's experiences with gentleness and compassion, indicative of the non judgemental Higher Self, that force of Light, Wisdom and Love that resides within and can guide us on our journey. Want to join us? Then please read on.

# **Day One: The 12 Karmic Lessons of the Soul** With Christine King and Renata Spinelly-Martins Saturday 12th October 9.45 pm to 5.30 pm.



# Content

The 12 Soul Lessons The "Old Soul's" agenda Misunderstandings about karma Your main karmic challenge Your major spiritual gift The heart wound you came to heal Having compassion for your journey Transformational tools for healing Tuning in to your Inner Wisdom Getting help from your Higher Self

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**This workshop with Christine** will be a mixture of soul guidance teachings, astrology, powerful releasing techniques, meditation, chanting and transformational prayer work to connect with your Divine Self. It's a new moon this weekend so we will also align with the energies at work in the heavens at that time.





#### **Crystal Healing Ceremony with Renata**

There will also be a presentation by our new guest speaker, Renata Spinelly-Martins who will be conducting a beautiful crystal healing ceremony to raise your frequency. Crystal energy can also help us clear the aura of blocked or stagnant energy bringing us back into balance and alignment. Renata is a wonderfully intuitive healer and you will benefit greatly from her session

To book this workshop, please go to the last page. To view the Sunday workshop please scroll down

# Day two: The Seven Sacred Temples Within You

with Christine King and Spiritual Mentor and Sound Healer Ananda Starangel Sunday 13th October 9.45 am to 5.30 pm



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Many people don't realise that at the human level, we carry our soul's history in the main 7 chakras or energy centres that reside within us.

When we work with each of these centres they can literally become Sacred Temples of Healing

On a practical level, the chakras contain specific vibrations that affect our security, emotions, self worth, relationships and our ability to connect with our Higher Self

We also carry invisible cords of attachment to our past that need to be released. These energy strands jam up the flow and make it difficult to let go of old patterns that restrict us.

**In this workshop with Christine** we will tune in to our Divine Inner Wisdom to locate the main areas in our chakra system where we might be holding old soul history that is ready to be released. Something perhaps we have struggled with for some time. We will then use the ancient shamanic practices including energy strand releasing to start the healing process.





#### A Sacred Sound Healing Ceremony with Ananda

Ananda works with people who are looking to strengthen their Soul or Divine connection and tap into their natural healing and creative talents. On this workshop she will be conducting a sacred sound healing session with many vibrational instruments including the Sun, Stardust and Heart Gongs which we haven't previously worked with. This will be a powerful experience.

Details for booking either or both workshops are shown below.

Christine King. www.soulsplanforyou.com infinitekristy@hotmail.com

PLEASE NOTE YOUR DATE OF BIRTH WILL BE REQUIRED FOR BOTH WORKSHOPS

Order Form for Workshops on Saturday 12th and Sunday 13th October

Time: 9.45 am to 5.30 pm. Both workshops will be held at The Blackheath Complementary Health Centre at 184-186 Westcombe Hill London SE3 7D

Each workshop if taken individually is £85 if paid before 4th October and £95 after Both workshops £157 if paid before 4th October and £180 after that date

The workshops all include teas, coffee, biscuits and refreshments and full course notes Please note: lunch is not included. We usually eat as a group at a nearby cafe.

Optional Bonus Offer. If in addition to the workshop, you would like to include a one to one 45 minute follow up Skype or phone session with me (worth £65) to get personal help with some of the practices or content we covered, or to discuss anything you choose, here's the deal below:

Book a one day workshop at the Early Bird discounted price of £85 and add on the 45 minute Skype or telephone session and you can get them both for the special price of just £107 (usual price £150) This is incredible value because you will be getting a one to one session with me worth £65 for just £22. A personal meditation tailored to your needs can also be recorded for you on Skype or your mobile phone at no extra charge. This session must be taken within 6 weeks of the workshop

Regretfully, these 45 minute bonus sessions are only available for people who attend the workshops in person. My regular hourly fees apply if you are not attending.

Best Offer! book both workshops at the Early Bird price of £157 and add on two follow up 45 minute sessions for the special inclusive price of £197 (usual price £287)

Payment: By bank transfer or Paypal. Please email me for details.

## infinitekristy@hotmail.com

#### ORDER FORM FOR WORKSHOPS 12th and 13th October 2019

Name.....Email....

.Address.....Phone....

Book Saturday 12th October Early Bird by 4th October @ £85.....after £95.... Book Saturday workshop with follow up session Early Bird by 4th October £107......

Book Sunday 13th October Early Bird by 4th October @ £85.....or after @ £95..... Book Sunday with follow up session Early Bird by 4th October @ £107..... Book both workshops Early Bird by 4th October at the special rate of £157.....after £180..... Book both workshops Early Bird by 4th October with two follow up sessions at special rate £197......(usual price for this entire package is £287)

### Please contact me if you wish to reserve a place on any of the above